

# Izinkoleloze Namaqiniso

mayelana nokunakekelwa kwezingane ezinezifo ezingalapheki



- 1** *••Izinkoleloze••*  
Kunzima ukuhlola izinhlungu ezinganeni futhi noma kutholakala ukuthi zisezinhlungwini kuyingozi ukuthi zinikwe izibulala zinhlungu ezibizwa 'ngamaopioids'.

*••Izinkoleloze••*  
**2** Izingane zingaphathwa njengabantu abadala abasebancane.

*••Izinkoleloze••*  
**3** Izingane aziboni uma sezigulela ukufa ngaphandle kokuba zitshelwe.

*••Amaqiniso••*  
Ziningi izindlela ezingasetshenziswa ukuhlola izinhlungu ezinganeni.

Izibulala zinhlungu ezingama'opioids' ziphephile futhi zisebenza ngokugculisayo uma zisetshenziswa yilabo abaqeqeshelwe ukuzisebenzisa ezinganeni.

*••Amaqiniso••*  
Indlela yokucabanga, yokuziphatha nokuxhumana kwezingane yehlukile kunaleyo yabantu abadala.

Izingane zikhula njalo ngakhoke zitholakala zisezingeni elehlukile lokukhula ngaso sonke isikhathi.

Izingane zindinga izinhlelo eziqoshelwe zona ukuze zihlangabezane nezidingo zazo.

*••Amaqiniso••*  
Izingane eziningi ziyabona uma ukufa sekufikile kepha zifuna isiqiniseko kubazali.

Thola ulwazi olinzulu ngokunakekelwa kwezingane ezinezifo ezingamahlalakhona kule website

[www.patchsa.org](http://www.patchsa.org)