

How Palliative Care Helps Children with Cancer



The journey for children and adolescents with life-threatening diseases, such as cancer, may be filled with physical, emotional and psychological challenges. Palliative care provides an essential layer of support that focuses on symptom management, pain relief, and holistic care that addresses the emotional and social needs of the young patients, their families, and caregivers.



Simple Steps to Comprehensive Care

Palliative care can be introduced at the time of diagnosis or at any point along the progression of any life-threatening illness.



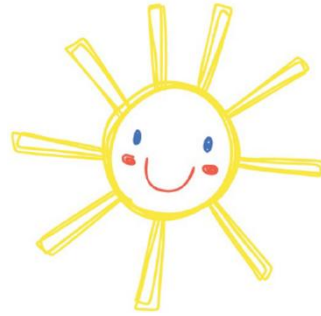
Access information on palliative care at the Cancer Association of South Africa's website at www.cansa.org.za and the Palliative Care for Children South Africa's website at www.patchsa.org



When palliative care begins, a team of people will support the patient and family. That team may include paediatricians, oncologists, doctors, nurses, social workers, spiritual care providers, psychologists, physiotherapists, speech and language therapists, counsellors, teachers, and play therapists.



Young patients have the right to participate in decisions about their health. The palliative care team will involve them and find ways in which to explain complex topics in a language they understand.



Benefits that Brighten Lives



Comprehensive support that ensures patients' physical and emotional needs are met throughout their illness and recovery.



Access to emotional and advisory support for families and caregivers.



An understanding of palliative care means parents and guardians can better advocate for their children's needs and make well-informed decisions.



Improvement to the quality of life of patients and their support structures during a challenging time.



Additional Support by CANSA TLC

Through its Tough Living with Cancer (TLC) programme, CANSA offers additional support to palliative care.



Accommodation for parents and guardians of children undergoing cancer treatment, especially those who live far from treatment centres.



One-on-one and group trauma and grief support, and counselling as well as free tele-counselling in seven languages for parents, guardians, patients and caregivers



Facebook support group for parents, guardians and caregivers.



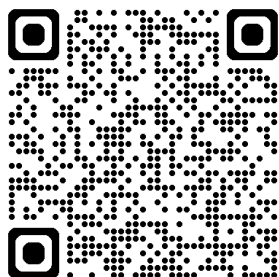
Education and awareness programmes regarding early diagnosis and explanations of treatment outcomes.



Access to prosthetics and equipment, such as wheelchairs.



Arts and crafts activities at the TLC accommodation.



Scan to find out more



www.cansa.org.za



info@cansa.org.za

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